

CAREER AND ACADEMIC PLANNING

PART 1: Career Analysis

This is the first step in narrowing your choices about a major and career. You must complete Type Focus before responding to these questions. In addition, you must choose three careers and thoroughly research each career PRIOR to answering these questions. Make sure you watch the video in Type Focus for each of the careers you choose.

I. Career Choices:

What three careers did you research? And what are the pros (positives) and cons (negatives) of each career choice? Identify at least 3 pros and 3 cons for each.

A. Career Choice 1:

a. Pros:

1.

2.

3.

b. Cons:

1.

2.

3.

B. Career Choice 2:

a. Pros:

1.

2.

3.

b. Cons:

1.

2.

3.

C. Career Choice 3:

a. Pros:

1.

2.

3.

b. Cons:

1.

2.

3.

II. **Self- Analysis:**

Now that you have reviewed the pros and cons of each occupation you researched, review your Type Focus Assessment Results and share what you learned about yourself.

To review your results, log on to Type Focus, click on "Portfolio" at the top of the page. Then click on "combined reports" on the left hand side and select the following categories:

- Assessment Results
- Your Four Personality Type Letters
- Type Factors & Work

Then select "Create a Report". Utilize this report information to answer the following questions:

- A. What is your 4-letter personality type?
- B. Based on your personality type, what are you good at doing (Note: Review the Personality Section)? Feel free to add strengths you have beyond what is listed on your results. List at least 4 strengths:
- 1.
 - 2.
 - 3.
 - 4.
- C. Based on your personality type, what types of careers would you do well in? (Note: Review the Personality Section)?
- D. Based on your personality type, what are your areas of growth? List at least 2 weaknesses/areas of growth:

- 1.
 - 2.
- E. After reviewing the section “Type Factors and Work”, identify and explain 4 qualities you need from your work environment to have job satisfaction. In letter “e”, describe any other characteristics you need to have job satisfaction that are not listed in your results.
- a. **Key Word 1:**
Explain how this key word relates to your job satisfaction

 - b. **Key Word 2:**
Explain how this key word relates to your job satisfaction

 - c. **Key Word 3:**
Explain how this key word relates to your job satisfaction

 - d. **Key Word 4:**
Explain how this key word relates to your job satisfaction

 - e. **These qualities are not listed in my Type Focus results, but I also need the following to have job satisfaction:**
- F. After reviewing the “Type Factors and Work” section in your Type Focus Results, indicate if your three career choices seem to match your results
- A. Career Choice 1 (indicate yes or no):

 - B. Career Choice 2 (indicate yes or no):

 - C. Career Choice 3 (indicate yes or no):

III. Career Choice

Now that you have thought through the pros and cons of your career choice and you have reflected on your own strength and weaknesses, narrow your 3 Career Choices down to two. You will conduct job market research on these two career choices in your next assignment.

I have narrowed my career choices to the following two options for the following reasons:

- A. Career Choice 1:
I have chosen this because:

- B. Career Choice 2:
I have chosen this because: